YADKIN COUNTY PROVIDES ADDITIONAL UPDATES ON COVID-19

Yadkin County has twenty-five known positive cases for novel coronavirus (COVID-19), with no current hospitalizations. Several of the more recent cases are either directly or indirectly related to Tyson in Wilkesboro.

Nine of the confirmed cases have already recovered from COVID-19. The term recovered is when a person can stop isolating themselves and return to normal activities. A person is considered recovered when: at least ten days have passed since the first onset of symptoms, the person is fever free for three days (72 hours) without the use of any fever-reducing medicine, AND other symptoms are improving.

While we are all ready to return to “normal” operations, it’s important that we protect ourselves and others by continuing to practice social distancing, good personal hygiene, such as washing hands for at least 20 seconds and wearing a mask when in public places such as the grocery store.

As of today, 233 Yadkin County residents have completed tests; which reflects the number of known tests reported to the agency. Yadkin County health officials are identifying close contacts to watch for symptoms and limit any potential spread. To protect the individuals’ privacy, no further information about them will be released. Further data can be found on the NC DHHS COVID-19 website, as the department is continuously adding data and additional reports such as cases by zip code.

Most people impacted by COVID-19 have mild symptoms and are able to fully recover at home. The CDC has updated their guidance on symptoms to include: cough and shortness of breath or difficulty breathing or at least two of these symptoms: fever, chills, repeated shaking, muscle pain, headache, sore throat, new loss of taste or smell. Residents are asked to call their doctor and discuss any symptoms they experience before going to their office. Coming out to be tested may spread illness to others in the community, including those with a higher risk of complications. Anyone who develops mild symptoms should self-isolate at home until it has been at least 10 days since symptom onset and 72 hours since symptom resolves (including no fever without the use of fever reducing medication and improved respiratory symptoms). Their doctor can advise if testing is needed.
CDC and County officials still suggest that residents stay at least six feet away from other people (social distancing), frequent hand washing and other everyday preventive actions. A cloth face covering is not intended to protect the wearer, but it may prevent the spread of virus from the wearer to others. Officials recommend people wear a cloth face covering to cover their nose and mouth in the community setting. This is to protect people around you if you are infected, but do not have symptoms. Wearing a cloth face covering is recommended for use when people are in public settings, such as the grocery store or pharmacies. These face coverings are not a substitute for social distancing and proper hand washing.

Residents with general questions about COVID-19 can call NC 2-1-1 by dialing 2-1-1 or 888-892-1162. Residents can also reach the Human Services Agency through the following email: virusinfo@yadkincountync.gov

More information about COVID-19 can be found at:
• NC DHHS: www.ncdhhs.gov
• CDC: www.cdc.gov
• Yadkin County, NC: https://www.yadkincountync.gov/

###