



Services provided at the Yadkin County Employee Wellness Clinic

Wellness

- Smoking cessation
- Weight loss counseling
- Healthy diet & nutrition counseling
- Exercise counseling
- Limited vaccines like tetanus & influenza
- Physicals exams including DOT physicals

Screenings

- Basic health screenings
- Cholesterol screenings
- Comprehensive health screenings
- Diabetes screenings (glucose)
- STD testing
- Substance use screening
- Depression screening

Minor Illnesses

- Allergy symptoms
- Bronchitis & coughs
- Earaches & infections
- Flu-like symptoms
- Gout
- Indigestion & heartburn
- Mononucleosis (mono)
- Mouth and oral conditions
- Nausea, vomiting & diarrhea
- Pink eye & styes
- Sinus infections & congestion
- Sore throats
- Upper respiratory infections
- Urinary tract & bladder infections
- Traveler's diarrhea
- Stomach aches
- Headache

Chronic Disease Monitoring

- Diabetes monitoring with HgA1C checks
- High blood pressure monitoring
- High cholesterol monitoring
- Medication refills
- Depression & anxiety monitoring

Minor Injuries

- Blisters
- Tick bites, bug bites & stings
- Minor burns
- Minor cuts, blisters & wounds
- Muscle strains & sprains
- Splinter removal
- Joint pain

Skin Conditions

- Acne
- Athlete's foot
- Chicken pox
- Cold, canker & mouth sores
- Dermatitis, rashes & skin irritations
- Hair loss
- Heat rash
- Impetigo
- Lice
- Poison ivy & poison oak
- Minor psoriasis
- Ringworm
- Rosacea
- Scabies
- Seborrheic dermatitis
- Shingles
- Sunburn
- Swimmer's itch
- Wart & mole evaluation
- Toenail conditions
- Ingrown nail

Minor Procedures

- Ear wax removal
- Incision & drainage of abscesses & boils
- Suture & staple removal
- Skin tag removal
- Mole removal
- Simple laceration repair
- Trigger point injections

Women's Services

- Birth control & contraceptive care
- Birth control injection
- Pregnancy testing
- Urinary tract & bladder infections
- Yeast infection

Location: 624 West Main Street, Yadkinville, NC 27055

Phone: (336) 849-7777

Hours: Monday – Friday from 8:00 am – 4:30 pm

(closed 12:30 pm – 1:00 pm for lunch)

Yadkin County Employee Wellness Clinic Frequently Asked Questions (FAQs)

Who can use the Yadkin County Employee Wellness Clinic and how much does it cost?

Any adult employee, dependent or retiree enrolled in the county's health insurance plan can use the clinic for free with no co-pay.

Will I have to sit in a waiting room full of sick people when I come to the clinic?

No. If you have an appointment, or you called prior and were told to come right over, we will typically see you immediately. The clinic is *only* open to Yadkin County employees so you will never be waiting with the general public to see a health care provider.

Where is the clinic? When is it open? How do I make an appointment?

The clinic is located in the former Yadkin County Community Hospital and is staffed with a Nurse Practitioner and a Nurse weekly Monday - Friday from 8 am – 4:30 pm (closed 12:30 pm – 1:00 pm for lunch). Appointments are easy and you can often get one the same day. Please call our providers for your next healthcare concern at 336-849-7777.

I don't want my coworkers and managers to know about my health issue and lifestyle choices so why would I go to an "employee clinic"?

The clinic is operated by an independent company (IEH Solutions LLC) that is legally required to keep your visit information and health-related data private. Your personal health information will never be shared with any employee of Yadkin County or other outside agency without your written consent. IEHS takes the responsibility for privacy very seriously.

Why is Yadkin County offering this service?

The purpose is to offer you free, convenient health care that removes obstacles to seeking help when you need it. With a convenient location, short wait times, professional staff and \$0 co-pays, IEHS strives to provide a pleasant experience without the hassle and expense of traditional providers. Our mission is to treat, manage, and educate, with the goal of helping you live a healthier life. IEHS helps the county control the rising cost of health care by offering this service directly to you (without going through insurance and outside providers) to help you manage your health to avoid costly long-term conditions and health complications.

What services does the clinic provide? Is it just for yearly screenings and for when I'm feeling sick?

The clinic offers many services for your convenience and improved health. Some examples are:

- Wake up not feeling well? Give the clinic a call and let's check your condition so we stay in front of your ailment and get you healthy as quickly as possible.
- Need some bloodwork that your primary care doctor ordered? We work with LabCorp and can fulfill the blood work order more conveniently than visiting a collection facility. In most cases it will be less expensive for both you and the county.
- Have a chronic condition like diabetes that you sometimes don't manage as well as you should? Let us help. The clinic makes it convenient for you to receive maintenance visits. You won't be sitting in a waiting room full of sick people just to manage your condition.
- Wanting to lose weight or quit smoking but not sure where to start? Our providers are available and trained to partner with you as you attack these lifetime struggles. Our providers offer compassionate, non-judgmental assistance. We are there for you and are passionate about your long-term health and well-being. Call us and schedule a consultation today.
- Have another health issue but you aren't sure if the clinic is the right place to start? Give us a call and let us see if we can help. We always have your best interest in mind and will refer you to the appropriate external provider when it is the best thing for you. When we can offer you the convenience and cost savings of the clinic, we want to be there for you.

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