



NC DEPARTMENT OF  
**HEALTH AND  
HUMAN SERVICES**

ROY COOPER • Governor

KODY H. KINSLEY • Secretary

YVONNE COPELAND • Director, Division of Child and Family Well-Being

## **Extra Food and Nutrition Services (FNS) Benefits for COVID-19 Will End in March 2023**

This letter is to tell you that the extra FNS benefits for COVID-19 will end **effective March 2023**.

### **Why are your benefits decreasing?**

FNS benefits have been temporarily increased because of the COVID-19 public health emergency (“emergency allotments”). This means you have been getting more benefits on your EBT card each month than you normally would to help meet emergency needs during the pandemic. The federal government will be ending FNS emergency allotments, with February 2023 being the final month for emergency allotments. As a result, your benefits will go back to pre-pandemic, regular monthly benefit amounts starting March 2023. Neither the North Carolina Department of Health and Human Services nor your local department of social services has control over this change. The reduction of benefits related to the emergency allotment ending is not subject to fair hearings.

### **What do you need to do?**

This letter does not require you to do anything. We are just letting you know that your benefits will decrease. You will continue to receive FNS benefits until the end of your certification period as long as you are eligible. When you need to report or reapply for a new approval period, you will receive a recertification form in the mail.

FNS recipients can view their regular monthly FNS benefit amount and their emergency allotment amount online at [www.ebtedge.com](http://www.ebtedge.com). Regular monthly FNS benefits are issued between the 3<sup>rd</sup> and 21<sup>st</sup> of every month based on the last digit of the recipient's SSN, while emergency allotments are issued on or after the 22<sup>nd</sup> of the month. Again, February 2023 will be the final month emergency allotments are issued. There are three ways to check your balance and transaction history:

- Visit [www.ebtedge.com](http://www.ebtedge.com). Click on More Information under EBT Cardholder. You will be prompted to login and/or register your account.
- Download and use the **EBT Edge** mobile app (can be downloaded on Google Play or Apple Store).
- Contact the North Carolina **EBT Call Center at 1-888-622-7328** and follow the prompts.

For more information on FNS eligibility and benefits, please visit our Food and Nutrition Services website ([www.ncdhhs.gov/fns](http://www.ncdhhs.gov/fns))

### **If you have other questions**

If you have questions or need more information, please call NC EBT Call Center: 1-866-719-0141 or your local Department of Social Services (DSS), ([www.ncdhhs.gov/divisions/social-services/local-dss-directory](http://www.ncdhhs.gov/divisions/social-services/local-dss-directory)) You may also visit our FNS website ([www.ncdhhs.gov/fns](http://www.ncdhhs.gov/fns)) for more information.

### **If you need more help with food**

If you need more help with food, please visit [www.ncdhhs.gov/foodresources](http://www.ncdhhs.gov/foodresources) or contact your local Department of Social Services (DSS) ([www.ncdhhs.gov/divisions/social-services/local-dss-directory](http://www.ncdhhs.gov/divisions/social-services/local-dss-directory)).

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