

# I HNC 2030 Scorecard: Yadkin County



The mission of the Yadkin County Human Services Agency is to protect and improve the health and quality of life of the citizens of Yadkin County. This is accomplished through the strengthening families, promotion of self-sufficiency, eliminating poverty, assuring and maintaining a healthy environment, education of the people, providing preventative health services and enforcing state rules and regulations.

## Community Health Assessment

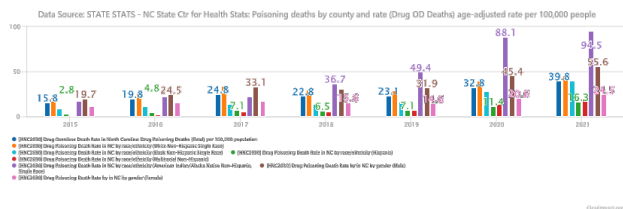
CA 2019 Community Health Assessment

Most Recent Period	Current Actual Value	Current Trend	Baseline % Change
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## Substance Abuse and Misuse

### R Opioid Abuse and Misuse - result statement

I FHU-NC HNC2030 Drug Overdose Death Rate in North Carolina: Drug Poisoning Deaths (Total) per 100,000 population



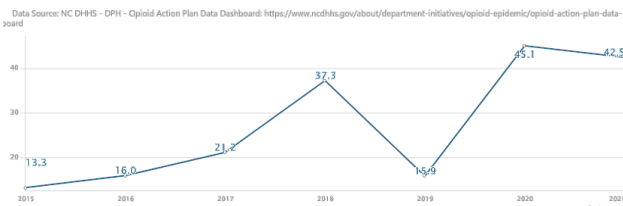
#### Why Is This Important?

As in other states, North Carolina has experienced a sharp increase in the number of drug overdose deaths over the last decade, largely due to the opioid epidemic. Substance Use Disorder has devastating impacts on the life of the people who experience it, their families, and their communities. HNC2030 pg. 66

#### Story Behind the Curve

#### Partners with a Role to Play

I Opioid overdose deaths for Yadkin County - annual (rate per 100,000 residents)

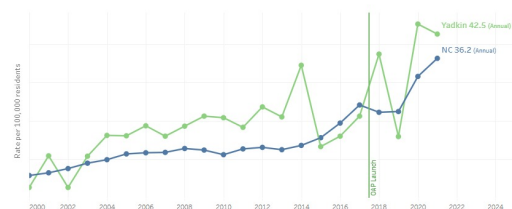


#### Story Behind the Curve

Overdose deaths occurring among North Carolina residents have been on the rise. This metric includes deaths involving all types of medications and drugs: opioids (commonly prescribed opioids, heroin, and synthetic narcotics like fentanyl and fentanyl-analogues), stimulants (cocaine, methamphetamine), benzodiazepines, and others. This metric includes fatal overdoses of all intents; over 90% of these deaths are unintentional.

#### Deaths in Yadkin

The rate of overdose deaths among residents of Yadkin in 2021 (Annual) was 42.5.  
(Rate per 100,000 residents. Number of deaths: 16)



#### Partners

#### What Works

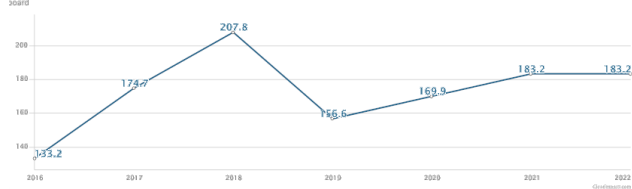
Most Recent Period	Current Actual Value	Current Trend	Baseline % Change
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2021	39.8	↗3	188% ↗
2020	32.8	↗2	138% ↗
2019	23.1	↗1	67% ↗
2018	22.8	↘1	65% ↗
2017	24.8	↗3	80% ↗
2016	19.8	↗2	43% ↗
2015	15.8	↗1	14% ↗
2014	13.8	→0	0% →

2021	42.5	↘1	220% ↗
2020	45.1	↗1	239% ↗
2019	15.9	↘1	20% ↗
2018	37.3	↗3	180% ↗
2017	21.2	↗2	59% ↗
2016	16.0	↗1	20% ↗
2015	13.3	→0	0% →

## I Opioid overdose emergency department visits for Yadkin County - annual (rate per 100,000 residents)

Data Source: NC DHHS - DPH - Opioid Action Plan Data Dashboard: <https://www.ncdhhs.gov/about/department-initiatives/opioid-epidemic/opioid-action-plan-data-board>

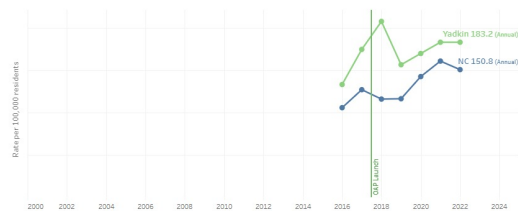


2022	183.2	→ 1	38% ↗
2021	183.2	↗ 2	38% ↗
2020	169.9	↗ 1	28% ↗
2019	156.6	↘ 1	18% ↗
2018	207.8	↗ 2	56% ↗
2017	174.7	↗ 1	31% ↗
2016	133.2	→ 0	0% →

### Story Behind the Curve

#### ED Visits in Yadkin

The rate of overdose ED visits among residents of Yadkin in 2022 (Annual) was 183.2 (Rate per 100,000 residents. Number of ED visits: 69)



Partners

What Works

Strategy

## P Second Step

Most Recent Period	Current Actual Value	Current Trend	Baseline % Change
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### What We Do

Second Steps is a universal, classroom-based, social-emotional learning curriculum for Kindergarten–Grade 5 that nurtures children's social-emotional competence and foundational learning skills.

### Who We Serve

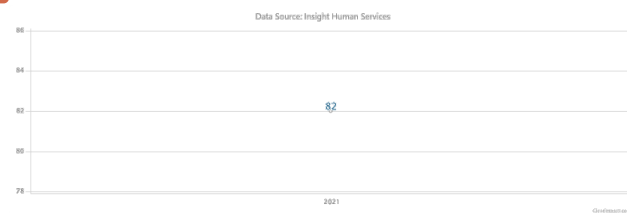
Second Step serves children from Kindergarten to 5th Grade.

### How We Impact

The objective of the Second Step program is for students to be able to increase confidence, make better decisions, set goals and to be more successful in school and their community. The program focuses on skills for learning, empathy, emotion management and problem solving.

## PM How Much Number of elementary-aged students reached through the Second Steps program

2021	82	→ 0	0% →
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### Story Behind the Curve

Due to COVID-19, the Second Steps program was unable to be implemented in 2020. In 2021, our partners Insight Human Services was able to implement the program with two elementary schools in Yadkin County.

- Second Steps was implemented at East Bend Elementary for two 5th Grade groups that reached 40 students.
- Second Steps was implemented at Boonville Elementary with two 5th Grade groups that reached 42 students.

This helped provide the baseline data for this program. However, Insight Human Services did not implement this program during 2022.

Partners

Insight Human Services is the facilitating agency behind these youth substance abuse interventions.

What Works

Strategy

## P LifeSkills

Most Recent Period	Current Actual Value	Current Trend	Baseline % Change
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### What We Do

Botvin *LifeSkills Training* (LST) is a research-validated substance abuse prevention program proven to reduce the risks of alcohol, tobacco, drug abuse, and violence by targeting the major social and psychological factors that promote the initiation of substance use and other risky behaviors. This comprehensive and exciting program provides adolescents and young teens with the confidence and skills necessary to successfully handle challenging situations.

### Who We Serve

LifeSkills serves adolescents and young teens in grades 3rd through 6th.

## How We Impact

Rather than merely teaching information about the dangers of drug abuse, Botvin *LifeSkills* Training promotes healthy alternatives to risky behavior through activities designed to:

- Teach students the necessary skills to resist social (peer) pressures to smoke, drink, and use drugs
- Help students to develop greater self-esteem and self-confidence
- Enable students to effectively cope with anxiety
- Increase their knowledge of the immediate consequences of substance abuse
- Enhance cognitive and behavioral competency to reduce and prevent a variety of health risk behaviors

For students in 3rd-5th Grade, the curriculum focuses on self-esteem, decision-making, smoking Information, advertising, dealing with stress, communication skills, social skills, assertiveness.

For students in 6th-8th Grade, the curriculum focuses on self-image and self-improvement, making decisions, smoking, alcohol, marijuana, advertising, violence and the media, coping with anxiety, coping with anger, communication skills, social skills, resolving conflicts and assertiveness.

### PM How Much Number of adolescents reached through the LifeSkills program

2021

114

→ 0

0% →

Data Source: Insight Human Services



### Story Behind the Curve

Due to COVID-19, the LifeSkills program was unable to be implemented in 2020. In 2021, our partners Insight Human Services was able to implement the program at Starmount Middle School with the following grade levels during the following timeframes:

- From January through April 2021, the program was implemented with two 6th Grade groups that reached 25 students.
- From January through March 2021, the program was implemented with two 7th Grade groups that had a total of 27 student participants.
- From October through December 2021, the program was implemented with one 6th Grade group that had a total of 29 student participants.
- From October through December 2021, the program was implemented with one 7th Grade group that reached 33 students.

This helped provide the baseline data for this program. However, Insight Human Services did not implement this program during 2022.

### Partners

Insight Human Services is the facilitating agency behind these youth substance abuse interventions.

### What Works

### Strategy

## P Too Good for Drugs

Most Recent Period

Current Actual Value

Current Trend

Baseline % Change

### What We Do

Too Good for Drugs is a universal K-12 prevention education program designed to mitigate the risk factors and enhance protective factors related to alcohol, tobacco, and other drugs (ATOD) use. The lessons introduce and develop skills for making healthy choices, building positive friendships, developing self-efficacy, communicating effectively, and resisting peer pressure and influence.

Too Good for Drugs teaches five essential character development skills to build self-efficacy, promote healthy development, and academic success:

- Setting Reachable Goals
- Making Responsible Decisions
- Bonding with Pro-Social Others
- Identifying and Managing Emotions
- Communicating Effectively

### Who We Serve

Too Good for Drugs serves school-aged children from Kindergarten through 12th grade.

### How We Impact

In the youngest grades (1st-5th), the lessons develop an understanding of what is healthy to put in the body and what is not. This foundation prepares students for discussions about tobacco, alcohol, and other drug use in later elementary years.

1st-5th Grade has key objectives that focus on peer pressure, prescription and over-the-counter medicine, alcohol, stress management, nicotine, tobacco, healthy choices, managing mistakes and marijuana.

Skill development is at the core of Too Good to promote social awareness and self-awareness to equip teens to evaluate the social and peer influences they face as well as the internal pressures to take unhealthy risks to fit in with their peers or to escape. Interactive activities challenge students to explore healthy alternatives to unhealthy risks as they work to reach their goals.

6th-High School has key objectives that focus on alcohol, tobacco, marijuana, inhalants and other drugs, addiction, prescription, and over-the-counter medicines

### PM How Much Number of adolescents reached through the Too Good for Drugs program

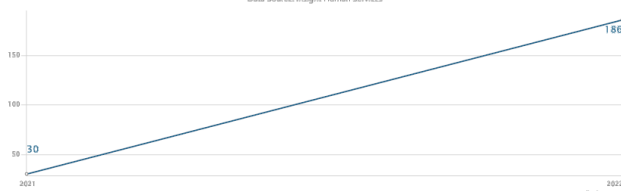
2022

186

↗ 1

520% ↗

Data Source: Insight Human Services



### Story Behind the Curve

Due to COVID-19, the Too Good for Drugs program was unable to be implemented in 2020. In 2021, our partners Insight Human Services was able to implement the program with Starmount Middle School.

- The program was implemented from October through December 2021 with one 8th grade group that reached 30 students.

This helped provide the baseline data for this program. In 2022, Insight Human Services was able to expand their reach of the program and was able to provide education to 186 children aged 5 to 12 years. During summer of 2022, the program was implemented at all eight Out of School Time sites in Yadkin County. This included Boonville, Courtney, East Bend, Fall Creek, Forbush, Jonesville, West Yadkin, and Yadkinville.

Partners

Insight Human Services is the facilitating agency behind these youth substance abuse interventions.

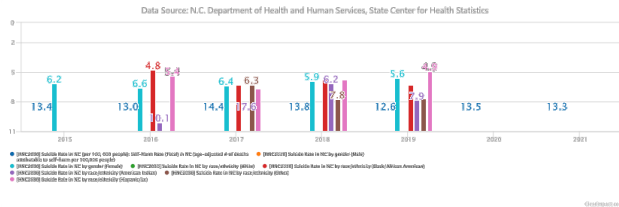
What Works

Strategy

## Mental Health and Stress Management

### R Mental Health and Stress Management - result statement

**I FHUI-NC HNC2030** Suicide Rate in NC (per 100,000 people): Self-Harm Rate (Total) in NC (age-adjusted # of deaths attributable to self-harm per 100,000 people)



Why Is This Important?

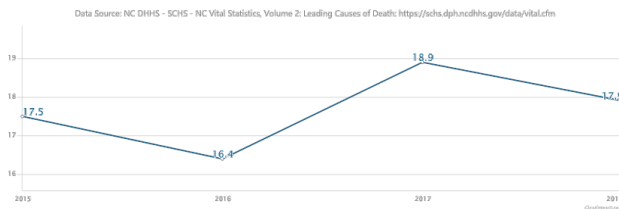
Mental health and access to treatment services are often overlooked in our health care system. One indicator of mental health outcomes, suicide –has been on the rise for years. Some special populations, such as veterans and LGBTQ youth, have seen elevated rates of suicide that will require targeted prevention strategies. HNC2030 pg. 90

Story Behind the Curve

Partners with a Role to Play

Health Equity/Disparity Comparison Data

**I** Suicide deaths for Yadkin County - age-adjusted death rate



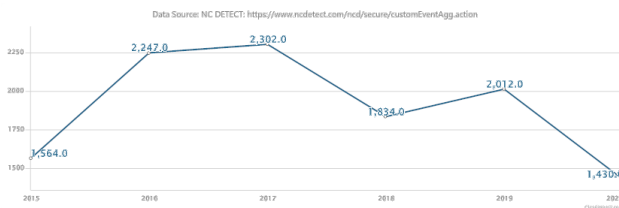
Story Behind the Curve

Partners

What Works

Strategy

**I** ED visits for anxiety, mood, and psychotic disorders - annual count



Story Behind the Curve

Partners

What Works

Strategy

Most Recent Period	Current Actual Value	Current Trend	Baseline % Change
2021	13.3	↓1	2% ↑
2020	13.5	↑1	4% ↑
2019	12.6	↓2	-3% ↓
2018	13.8	↓1	6% ↑
2017	14.4	↑1	11% ↑
2016	13.0	↓1	0% →
2015	13.4	↑1	3% ↑
2014	13.0	→0	0% →

2018	17.9	↓1	2% ↑
2017	18.9	↑1	8% ↑
2016	16.4	↓1	-6% ↓
2015	17.5	→0	0% →

2020	1,430.0	↓1	-9% ↓
2019	2,012.0	↑1	29% ↑
2018	1,834.0	↓1	17% ↑
2017	2,302.0	↑2	47% ↑
2016	2,247.0	↑1	44% ↑
2015	1,564.0	→0	0% →

### P Kaleidoscope

Most Recent Period	Current Actual Value	Current Trend	Baseline % Change
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What We Do

Kaleidoscope Play & Learn is a Promising Practice program that brings families of young children together to learn about child development, how children learn through play and things to do at home that help children be ready to start Kindergarten. Parents and other caregivers have the opportunity to learn how to support their children's early learning through everyday activities, and build relationships with other participants in a facilitated environment.

Who We Serve

How We Impact

Kaleidoscope Play & Learn utilizes hands-on activities that include developmentally appropriate materials, books, and learning games to focus on early literacy skills. Caregivers learn what to expect from their children as they learn through play and have ample opportunities to interact and engage with their young children.

PM

How Much

Number of workshops held

2022	85	↗1	1114% ↗
2021	7	→0	0% →

Data Source: Smart Start of Yadkin County

Year	Number of workshops held
2021	7
2022	85

Story Behind the Curve

The first session of Kaleidoscope was held in November 2021, which only gave the program about 7 weeks of implementation. In 2022, the program was able to expand and provide more offerings of the workshop and was able to be implemented the full calendar year.

Partners

Smart Start of Yadkin County is the agency facilitating the Kaleidoscope program.

What Works

The play groups are held once a week at various accessible locations throughout Yadkin County for about 90 minute.

Strategy

The play group consists of engaging hands-on activities that include developmentally appropriate materials, books, and learning games that focus on early literacy skills.

PM

How Much

Number of families served

2022	18	↗1	500% ↗
2021	3	→0	0% →

Data Source: Smart Start of Yadkin County

Year	Number of families served
2021	3
2022	18

Story Behind the Curve

Kaleidoscope Play & Learn is targeted to children birth to five years who are not enrolled in full-time regulated child care and their caregivers. Since implementation of this program in 2021, the program has successfully expanded its reach to serve more families.

Partners

Smart Start of Yadkin County is the agency facilitating the Kaleidoscope program.

What Works

The play groups are held once a week at various accessible locations throughout Yadkin County (about 90 minute sessions). The play group consists of hands-on activities that include developmentally appropriate materials, books, and learning games that focus on early literacy skills.

Strategy

PM

How Much

Number of children served

2022	30	↗1	650% ↗
2021	4	→0	0% →

Data Source: Smart Start of Yadkin County

Year	Number of children served
2021	4
2022	30

Story Behind the Curve

Kaleidoscope Play & Learn is targeted to children birth to five years who are not enrolled in full-time regulated child care and their caregivers. Since implementation of this program in 2021, the program has increased the number of children reached by sevenfold.

Partners

Smart Start of Yadkin County is the agency facilitating the Kaleidoscope program.

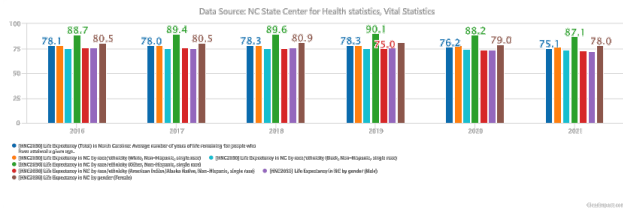
What Works

The play groups are held once a week at various accessible locations throughout Yadkin County (about 90 minute sessions). The play group consists of hands-on activities that include developmentally appropriate materials, books, and learning games that focus on early literacy skills.

Strategy

R Physical Health and Chronic Disease - result statement

I FHU-NC HNC2030 Life Expectancy (Total) in North Carolina: Average number of years of life remaining for people who have attained a given age.



Why Is This Important?

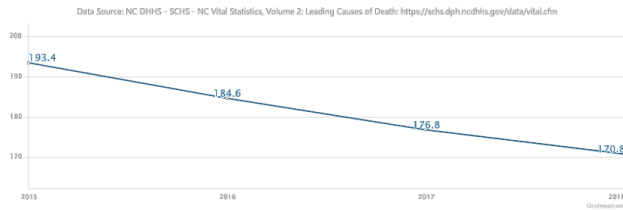
Life expectancy is a proxy measure for the total health of a population. Disparities in life expectancy between populations point to areas where health equity issues must be addressed. HNC2030 pg. 98

Story Behind the Curve

Partners with a Role to Play

Health Equity/Disparity Comparison Data

I Heart disease deaths for Yadkin County - age-adjusted death rate



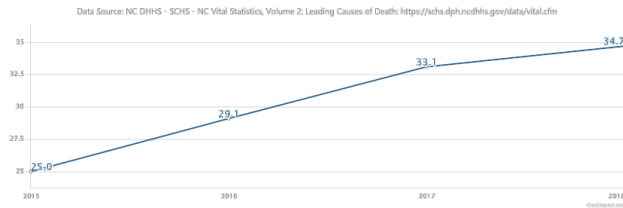
Story Behind the Curve

Partners

What Works

Strategy

I Diabetes Mellitus deaths for Yadkin County - age-adjusted death rate



Story Behind the Curve

Partners

What Works

Strategy

Most Recent Period	Current Actual Value	Current Trend	Baseline % Change
2021	75.1	↘2	-4% ↘
2020	76.2	↘1	-2% ↘
2019	78.3	→1	0% →
2018	78.3	↗1	0% →
2017	78.0	↘1	0% →
2016	78.1	→0	0% →

2018	170.8	↘3	-12% ↘
2017	176.8	↘2	-9% ↘
2016	184.6	↘1	-5% ↘
2015	193.4	→0	0% →

2018	34.7	↗3	39% ↗
2017	33.1	↗2	32% ↗
2016	29.1	↗1	16% ↗
2015	25.0	→0	0% →

P Tai Chi

Most Recent Period	Current Actual Value	Current Trend	Baseline % Change
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What We Do

The Tai Chi for Arthritis and Fall Prevention Program incorporates tai chi principles for improving health and wellness, as well as proven effective for fall prevention. This program is evidence-based and has been recommended by the CDC. Medical studies have shown that the program helps relieve pain for people with arthritis and improve their quality of lives, as well as preventing falls for the older adults. While the program is especially effective for arthritis, it is a great start for beginners to improve their health and wellness. The program is proven to be effective to prevent falls.

Who We Serve

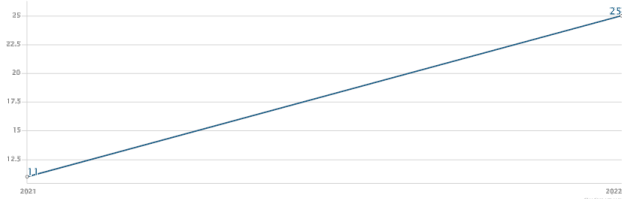
The Tai Chi for Arthritis and Fall Prevention Program is targeted towards older adults, with or without arthritis.

How We Impact

Medical authorities agree that Tai Chi is a suitable exercise for people with arthritis and helps incorporate components that can improve muscular strength, flexibility, and fitness. Increased muscular strength supports and protects joints, which will reduce pain. Flexibility exercises also help to reduce pain and stiffness, thus improving mobility. Stamina or fitness is important for overall health and proper function of your heart, lungs and muscles. Tai Chi for Arthritis helps people with arthritis to improve all these and more. It improves balance both mentally and physically thus significantly reduces the rate of fall of the older adults.

PM How Much Number of Tai Chi workshops held

2022	25	↗1	127% ↗
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2021

11

→ 0

0% →

#### Story Behind the Curve

Due to COVID-19, Tai Chi workshops were unable to be offered in 2020. In 2021, Tai Chi was offered through the Yadkin Valley Senior Center located in Jonesville. However, due to COVID-19, closures and restrictions remained in place for this facility, making it challenging to recruit and retain participants. The center was closed for the first part of the year. From March through June 2021, Tai Chi was offered/provided in a virtual format only. Beginning in July 2021, Tai Chi was offered outdoors in-person, with a virtual option as well, and was eventually able to provide indoor classes from September through October 2021. Typically, there were 2-3 participants on average each week. However, with the continuing threat of COVID-19 and restrictions remaining in place for the center, it is believed that this hindered the older adult population from actively participating in this program. In 2022, when the center was able to re-open with limited restrictions, the Tai Chi program reached about 25 participants before it was paused in September 2022.

#### Partners

Tai Chi workshops were offered through the Yadkin Valley Senior Center.

#### What Works

Tai Chi is an evidence-based program designed to improve participant's muscular strength, flexibility, and fitness.

#### Strategy

### P WIC Garden

Most Recent  
PeriodCurrent Actual  
Value

Current Trend

Baseline %  
Change

#### What We Do

To aid in our shared goal of educating community members about gardening, eight container gardens were installed at the Yadkin County Human Services Agency. These container gardens have provided a means for the public and particularly WIC clients to see and learn small-scale, raised food production in action with less cost, time, and space than a traditional in-ground garden. Container gardening offers more flexibility than traditional gardening and is great for children, renters, new gardeners, people with physical limitations, or experienced gardeners wanting to downsize. By utilizing these garden boxes, the hope is that community members will be able to learn the process of gardening from start to finish (i.e. soil preparation, fertilizer, planting methods, growing, harvesting, and cooking). Home gardening is an opportunity for citizens to create healthier, more sustainable lifestyles for themselves. As families feel more comfortable growing foods at home they will be food secure while making healthier choices. Sustainable lifestyle choices can contribute to a decrease in food insecurity, as well as increase the availability of healthy food options for all ages.

#### Who We Serve

Adults, children, varying income levels, those seeking sustainable lifestyle choices

#### How We Impact

Aiming to increase food security rates among the community by providing education regarding sustainable food choices.

### PM How Much Number of garden kits distributed through the WIC Garden program

2022

24

↑ 1

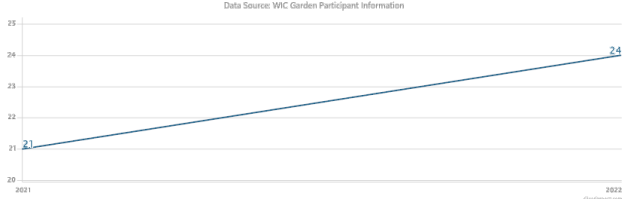
14% ↑

2021

21

→ 0

0% →



#### Story Behind the Curve

Both the Yadkin Cooperative Extension and Yadkin WIC programs have endured almost a 100% staff turnover in the positions involved in the garden project. During the hiring and training process, this created a needs gap for continuing the project. Participants also demonstrate a desire for in-person interactions, which was difficult during the turnover period.

#### Partners

This community garden project was created in collaboration with Yadkin County WIC, Yadkin County Cooperative Extension & Yadkin County Parks & Recreation.

#### What Works

Working with clients in a one-on-one capacity has proven more successful. Cooperative Extension and WIC staff worked with two families for the Spring planting session. The families were able to maintain the garden boxes from planting to harvest. These families took home approximately 12 pounds of produce each.

#### Strategy

Collaboration between Cooperative Extension staff and WIC staff resulted in many numerous outreach opportunities for both programs. Staff were also able to continue the development of instructional videos for gardening and nutrition education which are displayed on the Cooperative Extension website and in the lobby of the WIC office.

## SOTCH REPORTS

### S 2020 SOTCH

Most Recent  
PeriodCurrent Actual  
Value

Current Trend

Baseline %  
Change

### S 2021 SOTCH

Most Recent  
PeriodCurrent Actual  
Value

Current Trend

Baseline %  
Change

### S 2022 SOTCH

Most Recent  
PeriodCurrent Actual  
Value

Current Trend

Baseline %  
Change

#### Progress on CHIPs

All Yadkin County priorities are addressed in the CHIP. You can read the story about progress about performance measures by opening the 'plus' sign next to each performance measure.

**Mortality:**

Rank	Cause of Death	# of Deaths	Unadjusted Death Rate (2016-2020)
	Total Deaths - All Causes	2,322	1235.5
1	Diseases of the heart	474	252.2
2	Cancer - All Sites	460	244.7
3	Chronic lower respiratory diseases	168	89.4
4	Alzheimer's disease	125	66.5
5	Cerebrovascular disease	113	60.1
6	Other Unintentional injuries	107	56.9
7	Diabetes mellitus	90	47.9
8	Pneumonia & influenza	66	35.1
9	Nephritis, nephrotic syndrome, & nephrosis	44	23.4
10	COVID-19	40	21.3

Leading causes of death by age group:

- 0-19 year old group, the leading causes of death are conditions originating in the perinatal period, birth defects, and suicide.
- 20-39 age group, most top causes of death are related to unintentional injuries, suicide, and motor vehicle injuries.
- 40-64 age group, the top causes of death are cancer, disease of the heart, and other unintentional injuries.
- 65-84 age group (highest incidence of death), these are related to chronic disease such as cancer, diseases of the heart, and chronic lower respiratory disease.

Source: State Center for Health Statistics: NC County Health Data Book - 2022

**Morbidity:**

Sexually Transmitted Diseases (NCEDSS, 2022)

1. Chlamydia--89 cases (increase from 2021 with 81 cases)
  - Age range: 15-56 years old, with the average age being 25 years old. 16 cases were between the ages of 15-19 years old (decrease from 2021 at 43%).
  - 20 cases were female
  - 12 cases were pregnant, aged 15-31 years old.
2. Gonorrhea--31 cases (increase from 2021 with 27 cases)
  - Age range: 16-58 years old, with the average age being 27 years old. 4 cases were between the ages of 15-19 years old (50% increase from 2021).
  - 12 cases were female
  - 2 cases were pregnant, aged 25-29 years old.
3. Hepatitis C--24 cases (decrease from 2021 with 52 cases)
  - Age range: 21-65 years old, with the average age being 43 years old.
  - 18 cases were female

Emerging Issues Since Last CHA

The following areas are concerns, as the numbers continue to increase over time:

- COVID-19 - Cases continued to rise throughout 2022 for Yadkin County and the rest of the world. From January to December, there were 5,060 laboratory-confirmed positive cases and 43 deaths.
- Suicide - Continues to be a concern, as noted above in our Morbidity and Mortality section. In 2022, there were 9 suicide deaths ranging in age from 29-70 years. (NC DETECT, 2022).
- Substance abuse/misuse - According to the NC DHHS Opioid Dashboard, the rate of opioid overdose ED visits among Yadkin County residents in 2022 was 183.2 per 100,000 residents. This rate was the same as 2021. In 2021 (most current data to date), 312 Yadkin County residents with opioid use disorder (OUD) were served by treatment programs.
- Teen pregnancy - (2016-2020) Adolescents between the ages of 15-17 years had a pregnancy rate of 14.0 per 1,000 (NC SCHS). This is a slight decrease from the previous year, which was 15.9 per 1,000 live births.
- Sexually Transmitted Infections - Based on numbers above in our Morbidity and Mortality section, we have seen an increase in Chlamydia and Gonorrhea. This is on trend with what the state is currently seeing.
- Disconnected youth - This is defined as the percentage of teens and young adults ages 16 to 19 who are neither working nor in school. From the 2022 County Health Rankings, 15% are considered disconnected youth. This was an decrease from 2021, which was 22%.
- Third grade reading level - (2021) 42.0% of 3rd grade students scored proficient in reading (NC Child).

New/Paused/Discontinued Initiatives Since Last CHA

**New Initiatives:**

The Act to Change Youth Club at Starmount Middle School. The Act to Change Youth Club is a Substance Use Prevention Club that started in April of 2021. Their overall mission is as follows:

"To gain knowledge of substance use problems within our school & community. By doing so, we gain understanding of what needs to be done to have the greatest impact to combat the problems. We strive to mentors and positive role models to our peers and younger children by living drug-free lives".

Right now, the youth club has 11 members in 6th, 7th, and 8th grade. Below are some activities that they have been involved in from January 2022 – December 2022.

- 30 (1-Hour) Club Meetings (usually meeting once weekly and 1-2 times a month during the summer months).
- Adult-Led & Youth-Led Trainings were held during club meetings using the Dover Youth 2 Youth Toolkit Modules (Presentation Skills 101, Media Development, PSA Productions, Counter-Advertisements, Vaping/E-Cigarettes, Prescription Drugs, Policy Change, Strategic Prevention Framework (SPF) Process Training on Assessment, Capacity, Planning, Implementation, Evaluation, Cultural Competence & Sustainability).
- They partnered with 5 schools and 6 agencies within the community (January 2022 – December 2022). These partnerships included the following: Smart Start of Yadkin County, Yadkin County YMCA, Yadkin County Parks & Recreation, Yadkin-Valley Senior Center & Jonesville Public Library, West Yadkin Elementary, Jonesville Elementary & Boonville Elementary, Starmount Middle School & Forbush Middle School.
- Smart Start of Yadkin County & Yadkin County YMCA/Yadkin County Parks & Recreation allowed the youth club to partner/participate in the "Healthy Kids Day" Event on 04/25/2022. They provided 12 Lockboxes; 16 Dispose Rx Packets; 8 Deterra Kits; 25 "Lock Your Meds" rack cards to community members in need at this event. They also promoted the medication drop box locations in Yadkin County and gave out proper medication disposal instructions at this event. Youth and community surveys were administered at this event.
- The Yadkin-Valley Senior Center (15 participants received a LYM Presentation & the youth club's "Lock Your Meds" Video Clip Presentation). 12 Lockboxes; 12 Dispose Rx Packets; 12 Deterra Kits; 54 LYM Rack Cards were given out to community members in need during this presentation. Medication drop box locations in Yadkin County were also promoted and proper medication disposal instructions were given out during this presentation.
- Smart Start of Yadkin County & Yadkin County Public Library allowed the youth club to partner/participate in the "A Morning with Santa" Event on 12/03/2022. They provided 15 Lockboxes; 15 Dispose Rx Packets; 17 Deterra Kits; 32 "Lock Your Meds" rack cards to community members in need at this event. They also promoted the medication drop box locations in Yadkin County and gave out proper medication disposal instructions at this event. Youth and Community Surveys were administered at this event.
- The club partnered with 3 elementary schools (West Yadkin Elementary, Jonesville Elementary & Boonville Elementary) to perform their "Refuse to Use Vapes" skit for 5th grade students attending the elementary schools listed above. They performed three times and served 146 students in March 2022 – April 2022. In June 2022, they performed their "Refuse to Use Vapes" skit during the Summer Reading Program at the Jonesville Public Library for 15 youth/children. This totaled to 161 Students for all four performances.

- Youth club members and other student volunteers helped to create action plans and logic models to plan activities for the 2-day (8:00am-2:00pm) camp at Starmount Middle School and Forbush Middle School for rising 6th graders transitioning to middle school. Club members and student volunteers met during the summer to organize and help to make this camp successful. Station and gym activities were youth-led. In 2022, we had the best turnout that we have ever seen, serving 80 (6th graders) at Starmount Camp Middle School and 92 (6th graders) at Forbush Camp Middle School (Total students counted for both events was 201).
- The youth club members attended 2 Town Hall meeting in Yadkin County (Jonesville & Boonville) in 2022, where they were able to speak with the County Commissioners, Town Managers, & Other Elected Officials about what their youth club is doing.
- The youth club created a Spring themed newsletter that was emailed to all students at their school that focused on Rx drugs and gave resources to students, parents, community members if they need help with services to treat/manage addiction.
- The youth club had several contests from October 2022 – December 2022, that included the following: Logo Poster Contest, Pumpkin Decorating Contest for National Substance Abuse Awareness Month for October 2022, and a Quit Vaping: “You Don’t Have to Quit Cold Turkey” Contest (turkey decorating contest with resources to help others quit vaping).
- The youth club created a Winter themed newsletter that was emailed to all students at their school that focused on Vaping/E-cigarette and gave resource to students, parents, community members if they need help to quit vaping.

**Mental Health Resources:**

Through a financial partnership with the Health Department & NCDPH, Yadkin County schools have been able to hire two Licensed Clinical Social Workers. These staff members have been able to assist with one-on-one assessments for students, development of resources and implementation of staff training. These positions began in August 2022.

**Paused Initiatives:**

Tai Chi was paused after September 2022.

**Discontinued Initiatives:**

Second Steps and LifeSkills was not implemented during 2022.

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